

## Schedule for Theory sessions for IGNOU PGDMH July 2022 Batch

	Date & Day	Time	Teacher	Topic
1.	Thursday 20.4.23	9 am – 11 am	Dr Dinesh Kataria	MPC 51 Block 3 Normality and Abnormality Unit 1 Historical perspectives of mental health  Unit 2 Definition of normality and abnormality: criteria and measurement
2.	Thursday 20.4.23	11 am – 1 pm	Dr Rehman	MPC – 052 - Block 1 Classification of Mental Disorders  Unit 1 Classification of mental disorders: Need, historical perspective and the modern system of classification  Unit 2 Schizophrenia and other psychotic disorders
3.	Thursday 20.4.23	2 pm – 4 pm	Dr Shiv	Block 1 Classification of Mental Disorders Unit 3 Mood disorders Unit 4 Neurotic group of disorders
4.	Friday 21.4.23	9 am – 11 am	Dr Om Sai	Block 2 Mental Health Services  Unit 1 Mental health services in the community with special reference to India  Unit 2 Rehabilitation of the mentally ill persons
5.	Friday 21.4.23	11 am – 1 pm	Dr Nitin Raut	MPC 52 Block 3 Clinical Manifestations, Course and Outcome of Mental Disorders
6.	Friday 21.4.23	2 pm – 4 pm	Dr Prerna	Block 1 Rights and laws related to mental illness Unit 1 Rights related to mentally ill Unit 2 Laws related to mentally ill
7.	Saturday 22.4.23	9 am – 11 am	Dr Rehman	Block 4 Identification and Assessment of Mental Disorders Unit 3 Psychological assessment Unit 4 Role of physical investigation and assessment in mental disorders
8.	Saturday 22.4.23	11 am – 1 pm	Dr Bhavuk	MPC 53 Block 3 Developmental Disorders  Unit 3 Affective disturbances  Unit 4 Course and outcome of mental disorders
9.	Sunday 23.4.23	9 am – 11 am	Dr Om Sai	Block 3 Developmental Disorders Unit 5 Rehabilitation
10.	Sunday 23.4.23	11 am – 1 pm	Dr Raut	Block 3 Normality and Abnormality Unit 3 Conative functions-normal and pathological Unit 4 Cognitive functions-normal and pathological
11.	Monday 24.4.23	9 am – 11 am	Dr Nitin Raut	MPC 52 Block 3 Clinical Manifestations, Course and Outcome of Mental Disorders  Unit 1 Cognitive disturbances  Unit 2 Conative disturbances

12.	Monday 24.4.23	11 am – 1 pm	Dr Om Sai	Block 3 Developmental Disorders Unit 1 Mental retardation Unit 2 Specific learning disabilities
13.	Monday 24.4.23	2 pm – 4 pm	Dr Bhavuk	Block 2 Mental Health Services Unit 3 Certification for different issues related to mental illness
14.	Tuesday 25.4.23	9 am – 11 am	Dr Dinesh Kataria	MPC – 051 - Block 4: Family, Culture and Mental Health
15.	Tuesday 25.4.23	11 am – 1 pm	Dr Shiv	Block 4 Addictions Unit 1 Alcoholism Unit 2 Substance abuse and addiction
16.	Tuesday 25.4.23	2 pm – 4 pm	Dr Sumit Rana	Block 1 Concept of Mind Unit 1 Mental health Unit 2 Mind
17.	Wednesday 26.4.23	9 am – 11 am	Dr Om Sai	Block 2 Specific Issues on Mental Health Unit 1 Deliberate self-harm and suicide Unit 2 Problems related to school
18.	Wednesday 26.4.23	11 am – 1 pm	Dr Raut	MPC 52 Block 2 Epidemiology and Prevalence of Mental Disorders  Unit 3 Global burden of mental illness  Unit 4 Impact of mental disorders on society
19.	Wednesday 26.4.23	2 pm – 4 pm	Dr Prerna	Block 3 Psychological Therapies Unit 3 Cognitive therapies Unit 4 Anger and stress management, Crisis intervention
20.	Thursday 27.4.23	9 am – 11 am	Dr Swati Patra	MPC 54 - Block 3 Psychological Therapies Unit 1 Counselling and guidance  Unit 2 Psychotherapy
21.	Thursday 27.4.23	11 am – 1 pm	Dr Shiv	Block 4 Addictions Unit 3 Tobacco addiction Unit 4 Gambling, internet and other addictions
22.	Thursday 27.4.23	2 pm – 4 pm	Dr Shiv	MPC 52 Block 2 Epidemiology and Prevalence of Mental Disorders  Unit 1 Epidemiology: General concepts, epidemiological methods, epidemiology of mental disorders - international
23.	Friday 28.4.23	9 am – 11 am	Dr Sumit Rana	Block 1 Concept of Mind Unit 3 Biological basis of mind Unit 4 Psychological basis of mind
24.	Friday 28.4.23	11 am – 1 pm	Dr Raut	MPC 52 Block 2 Epidemiology and Prevalence of Mental Disorders  Unit 2 Epidemiology of mental disorders in India
25.	Friday	2 pm – 4 pm	Dr Prerna	Block 1 Rights and laws related to mental illness Unit 3 Other laws related to mental illness

	28.4.23			Unit 4 Social responsibility towards mentally ill
26.	Saturday 29.4.23	9 am – 11 am	Dr Dinesh Kataria	Block 4 Future Direction Unit 1 Promotion of mental health
27.	Saturday 29.4.23	11 am – 1 pm	Dr Bhavuk	Block 4 Future Direction Unit 3 Documentation in mental health and mental disorder field Unit 4 Policies and research related to mental health and mental illness
28.	Sunday 30.4.23	9 am – 11 am	Dr Sumit	MPC 51 - Block 2 Schools of Psychology Unit 1 Behavioural theories  Unit 2 Biological theories
29.	Sunday 30.4.23	11 am – 1 pm	Dr Om Sai	Block 3 Developmental Disorders Unit 3 Other disabilities Unit 4 Assessment and certification
30.	Monday 01.5.23	9 am – 11 am	Dr Prerna	Block 1 Mental Health in Special Population Unit 3 Women and mental health Unit 4 Marriage and mental health
31.	Monday 01.5.23	11 am – 1 pm	Dr Raut	Block 2 Specific Issues on Mental Health  Unit 4 Problems related to work area
32.	Monday 01.5.23	2 pm – 4 pm	Dr Sumit Rana	Block 2 Schools of Psychology  Unit 3 Humanistic and existential theories  Unit 4 Psychoanalytical and related theories
33.	Tuesday 02.5.23	9 am – 11 am	Dr Dinesh Kataria	Block 4 Future Direction Unit 2 Positive mental health
34.	Tuesday 02.5.23	11 am – 1 pm	Dr Rehman	Block 2 Specific Issues on Mental Health  Unit 3 Problems related to sex
35.	Tuesday 02.5.23	2 pm – 4 pm	Dr Bhavuk	Block 4 Identification and Assessment of Mental Disorders Unit 1 Techniques of interviewing and case history taking Unit 2 Steps in mental health assessment
36.	Thursday 04.5.23	9 am – 11 am	Dr Swati Patra	Block 1 Mental Health in Special Population Unit 1 Child and adolescent mental health Unit 2 Old age and mental health

### Theory sessions for PGDMH July 2022 Batch

April 20, 2023, 9:00am – May 4, 2023, 11:00am ·

Time zone: Asia/Kolkata

Google Meet joining info

Video call link: <https://meet.google.com/fhd-nbxu-ivs>

Hybrid Mode